



## **OHSIG Q3 Newsletter 2023**

### **Education Committee: Occupational Health Practitioner Certificate**

- **OHSIG New EXPANDED Member Profile and Search for Occupational Health Practitioners:** As a new benefit of belonging to OHSIG, we have implemented an expanded member profile for OHSIG members who qualify for the Occupational Health Practitioner Certificate. This new search tool is intended to help drive referrals to you from businesses in your community, as well as improve networking within the OHSIG. The search includes filters for Work Locations, Occupational Health Service Areas, Other Occupational Health Roles, and Industry Sectors for direct to employer services. You may access the external search and update your expanded OHSIG Member Profile at <https://www.orthopt.org/content/special-interest-groups/occupational-health>.
- **Occupational Health Practitioner Certificate Capstone Presentation Dates:** A peer-reviewed capstone presentation is the final step for OHP Certificate candidates who enroll in AOPT Course 32.W3 - *Facilitating Therapy Services for Total Worker Health*<sup>®</sup>. Each 30-minute presentation is a lunch & learn format about evidence-based practice in one area of occupational health focus. Candidates engage with an OHP mentor to develop a professional presentation of interest to employers or other stakeholders. All OHSIG members are invited to attend or view these webinars. You may RSVP in advance to request a zoom invitation by emailing [orthoisc@orthpt.org](mailto:orthoisc@orthpt.org). The next capstone online seminar events are scheduled for:
  - Thursday, January 11, 2024, from 1:30 pm to 4:30 pm EST
  - Thursday, March 14, 2024, from 1:30 pm to 4:30 pm
  - Thursday, May 9, 2024, from 1:30 pm to 4:30 pm
- **Promoting the OHP Program: AUSTIN, TX November 2-5, 2023:** OHSIG President, Rick Wickstrom and the AOPT Staff recently exhibited our [OHP Certificate Program](#) at the [APTA Private Practice 2023 Annual Conference](#) to generated some buzz around the OHP program. APTA PPS Section offers a [Direct-to-Employer Services Designation Program](#) to its members who are interesting in contracting to provide direct-to-employer services. The program consists of three modules delivered using synchronous and asynchronous virtual formats.

- **PT Magazine Feature Planned:** The APTA plans to include a PT Magazine feature article about direct to employer service opportunities and the OHP program in the March 2024 edition.
- **AOPT YouTube Presentations in 2023:** OHSIG members have shared their recorded OHP Capstone Presentations on the AOPT YouTube Channel. **Check them out:**
  - [Lead with Movement Exams to Promote Total Musculoskeletal Health](#) (Rick Wickstrom)
  - [Total Worker Health: Protection and Promotion Programs](#) (Ben Sanford)
  - [Benefits of Adding a Post-Employment Testing Program](#) (Michelle Stewart)
  - [Ergonomic Skillset – Advancing the Industrial Therapist as a Preferred Healthcare Provider](#) (Eric Schultz)

### **Join Us at Combined Sections Meeting 2024: Occupational Health Program Events!**

- **[Orthopaedics Academy Platform Session 1 \(OR-19212\)](#):** Thursday, February 15, 2024, at 8 AM - 10 AM (current research and perspectives). OHSIG Member Ryan Mizner will present in this session, [Knee Extensor Underloading during Squatting Adds to Clinical Predictions of Quadriceps Strength after ACL Reconstruction](#). OHSIG President Rick Wickstrom will be present in this session, [Reliability and Concurrent Validity of the Active Movement Scale \(AMS\) in Patients with Musculoskeletal Disorders](#).
- **[Occupational Health SIG Membership Meeting \(OR-19281\)](#):** Friday, February 16, 2024, at 1:30 PM – 2:30 PM in Meeting Room 253AB. This will be our first meeting in person at CSM since the start of the COVID-19 Pandemic.
- **[Innovative Workplace Strategies to Promote Musculoskeletal Health and Well-Being Using the Total Worker Health Approach \(OR-17970\)](#):** Friday, February 16, 2024, at 3 PM in Meeting Room 253AB. Led by Katia M. Costa-Black, PT, Robert Cory Blickenstaff, PT, MS, Michael Kean, and Stewart Levy.
- AOPT 50<sup>th</sup> Anniversary Celebration (OR-19287): Friday, February 16 at 8PM – 11 pm.
- **[Orthopaedics Academy Platform Session 6 \(OR-19217\)](#):** Saturday, February 17, 2024, at 8 AM - 10 AM (current research and perspectives). OHSIG member Ken Harwood will present in this session, [Using Feedback on Patient Health Outcomes to Improve Orthopaedic Physical Therapist Practice: Quality Improvement Study](#).

### **Nominating Committee: Volunteers Needed**

- **OHSIG Public Relations Committee:** We are seeking volunteers to serve on the OHSIG Public Relations Committee. This committee is responsible for preparing the OHSIG quarterly newsletter blasts, welcoming new members, writing short spotlights to recognize OHSIG members in the Orthopaedic Physical Therapy Practice journal, and making posts to the OHSIG Closed Facebook Group and other social media outlets.

- **OHSIG Research Committee:** We are seeking volunteers to serve on the OHSIG Research Committee. This committee is responsible for promoting research by OHSIG members that is relevant to evidence-based occupational health practice. We are working on developing a key contact list of academic faculty in DPT Programs with occupational health interests.

Nominating Committee Members are responsible for engaging members to be slated as candidates for OHSIG elected offices or serve on a standing committee. They contribute to strategic planning at CSM or virtually to advance the mission and vision. Please reach out to any member of our nominating committee member to express your volunteer interests:

<https://www.orthopt.org/content/special-interest-groups/occupational-health/ohsig-leadership>

### ***Practice Committee: State Resource Liaison Initiative!***

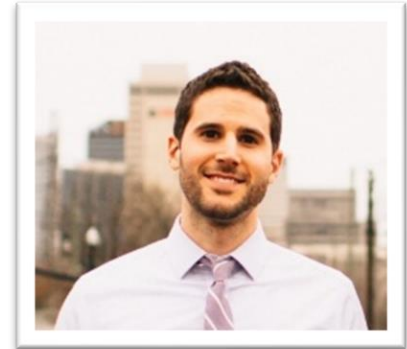
- **OHSIG State Resource Liaison Meeting:** Our next meeting will be held virtually on Dec 6<sup>th</sup> at 6-7 pm EST | 5-6 pm CST | 4-5 pm MST | 3-4 pm PST. This meeting is **open to all OHSIG members!** The featured presenter will be Michelle Aliff, Ph.D., CRC, CVE. Dr. Aliff is a vocational consultant in private practice and she also serves on the Data Users Advisory Committee for the U.S. Department of Labor. The information being presented is critical for those who provide FCE expert testimony. Dr. Aliff will discuss data collection errors in both the DOT and ORS, and how the DOT is now a “dead dog.” This presentation is titled, **Practical applications for using ORS data in Vocational Rehabilitation and Disability Case Management.** All OHSIG Members are invited to join this Zoom Meeting at the link: <https://us02web.zoom.us/j/83329439660?pwd=QzJYZGVHVXNXY3VSRktoaXVIVkx4UT09> Meeting ID: 833 2943 9660; Passcode: 785916.
- **FSBPT Webinar – Emerging Areas of Practice and Scope of Practice Clarification:** Rick Wickstrom and Steve Allison presented on October 11<sup>th</sup> about participation-focused physical examinations of athletes and commercial drivers in an online seminar sponsored by the Federation of State Boards of Physical Therapy. You may access this recorded webinar at the following YouTube link: : [Emerging Areas of Practice and Scope of Practice Considerations - YouTube](#)

### ***Research Committee: Stimulating Faculty/Student Research!***

- **Stimulating Faculty/Student Applied Research:** Now that the OHP Certificate is launched, our Research Committee Leaders are directing their focus on initiatives to promote applied research that is relevant to Occupational Health practice. For example, in an effort to advance and influence the boundaries of physical therapy scope of practice, Dr. Joshua Prall recently mentored a group of his students from Lebanon Valley College to design a survey to examine the extent that occupational health practice and core competencies are being covered on entry-level DPT Programs Stay tuned!
- **Key Contact for DPT Programs:** In 2024 the OHSIG will endeavor to include all DPT students in OHSIG news and education, by building a key contact list for each DPT Program.

### Public Relations Committee: Member Spotlights!

- Our PR Committee generating posts to our OHSIG Facebook page and has begun to work on social media announcements to promote the external search registry for OHSIG members who qualify for the [OHP Certificate](#).
- **Christopher (“Chris”) Scoma, PT, DPT** is our most recent OHSIG member to qualify for the Occupational Health Practitioner (OHP) Certificate. His capstone presentation was titled, *Applying Functional Capacity Evaluations to Facilitate Return to Work*. His presentation stressed the value of interdisciplinary collaboration and highlighted how the OHP program enhanced his awareness of emerging evidence-based practices to support updates to his FCE clinical product. Since joining Results Physiotherapy in 2010, Dr. Scoma has been involved in roles that include Regional Occupational Health Coordinator, Clinical Manager of Occupational Health, and Triage Clinic Director. He holds advanced certifications as a Board Certified Orthopaedic Clinical Specialist (OCS), Certified Orthopaedic Manual Therapist (COMT), Certified Ergonomic Assessment Specialist (CEAS), and Certified Dry Needling Therapist (CDNT). Additionally, he has served as the Director of Workers' Compensation Quality and Education for Upstream Rehabilitation (> 1,200 clinics across 28 states). He has extensive clinical and operational background in all things workers' compensation and occupational health, with a focus in Functional Capacity Evaluations, clinical education, CEU development, and work rehabilitation. He co-authored an article in [Orthopaedic Physical Therapy Practice \(34:3\)](#) titled, *Stress and Anxiety: Drivers of Poor Workers' Compensation Outcomes*.
- **Orthopaedic Physical Therapy Practice (OPTP):** The next edition of OPTP will include a Member Spotlight feature interview that provides perspectives from our OHSIG Public Relations Chair, Dr. Christine “Chris” McCallum, PT, DPT. Chris just published a book available on Amazon titled, *The On-Site Physical Therapist: Direct-to-Employer Care*.



### Members Only! Our OHSIG Facebook Closed Group

- Don't miss out on the conversations available only to active OHSIG members! [Join the conversation link](#) and share recent articles, recommendations, and thoughts!

**Thank you for being a member of the Occupational Health Special Interest Group!**