

APTA Combined Sections Meeting

Feb. 13-15 / Houston, TX



AOPT Health Promotion and Wellness Engagement Community CSM 2025 Health Promotion-focused Sessions

Thursday, February 13th

Time	Event Name
6:30am - 7:45am	APTA Practice Networks Meeting: Health Systems, FiRST, Health Promotion and Wellness Networks
8:00am – 10:00am	Integrating Yoga into Anatomy and Clinical Physical Therapy Education: A Holistic Approach to Learning
11:00am – 1:00pm	The Who, What, Where, How, and Why of the Geriatric Mobility Screening Initiative
11:00am – 1:00pm	The Unique Role of Physical Therapy in Promoting Physical Activity for Individuals with Physical Disabilities
11:00am – 1:00pm	Leadership & Innovation Platform Session 1: Promoting Advanced Health and Wellness Among Disadvantaged Women Utilizing the Precede/Proceed Model
11:00am – 1:00pm	Academy of Physical Therapy Research Platform Presentation: Using the COM-B Model to Understand Drivers of Behavior Change in Evidence Implementation
11:00am – 1:00pm	Building a Female Athlete Care Team: A Multidisciplinary Approach
3:00pm – 5:00pm	Unlocking the Power of Nutrition in Physical Therapy Practice: Fueling Movement for Optimal Outcomes
3:00pm – 5:00pm	Health and Therapy: The Influence of Sleep, Nutrition, and Mindset on Injury Risk and Rehabilitation

Friday, February 14th

Time	Event Name
7:00am – 8:00am	Pop Health SIG
8:00am – 10:00am	Unraveling Sleep and Pain: Integrating Sleep Health into Physical Therapy Practice through Case-Based Learning
8:00am – 10:00am	Leveraging Technology for Health Promotion and Rehabilitation: Maximizing Mobility in

	<u>Aging Adults with Neurological Conditions</u>
8:00am – 10:00am	<u>Caring for Ourselves so We Can Care for Others: Lessons from the Mental Health Professions</u>
11:00am – 1:00pm	<u>Charting Connections: Social Networks, Wellness, and Academic Excellence in Physical Therapy Education</u>
11:00am – 1:00pm	<u>Holistic Health and Fitness: Optimizing the Sports Medicine Team</u>
11:00am – 1:00pm	<u>The Physical Therapist's Role in Disability Prevention through Mitigating Psychosocial Barriers through Return to Work</u>
3:00pm – 5:00pm	<u>Be the Change Agent in Your Community through Advocacy: Creating Patient Resources Where You Live</u>

Saturday, February 15th

Time	Event Name
8:00am – 10:00am	<u>Watch Your Mouth: Improving Therapeutic Alliance through Effective Communication</u>
8:00am – 10:00am	<u>Designing Effective Aquatic Interventions to Optimize Cardiopulmonary Function in Older Adults</u>
8:00am – 10:00am	<u>Strategies for Integration of Health Informatics Instruction in Doctor of Physical Therapy Education</u>
8:00am – 10:00am	<u>Sleep Interventions Effect on Heart Rate Variability, GI Dysfunction and Pain Syndromes</u>
11:00am – 1:00pm	<u>Bridging the Gap: Creative Aquatic Therapy Options Along the Continuum from Evaluation to Discharge Planning</u>
11:00am – 1:00pm	<u>Movement As a Biomarker: Using Movement to Predict, Prognose, and Evaluate Risk in Health-Related Conditions</u>
11:00am – 1:00pm	<u>FIT and SIT: Ramping up Seated Exercise Intensity, Variety, and Inclusivity for Older Adults</u>
3:00pm – 5:00pm	<u>Social Determinants of Health: Our Role As Physical Therapists</u>
3:00pm – 5:00pm	<u>Mindfulness-Based Practices in Pediatric Physical Therapy Practice: Are They Truly Beneficial for Everyone?</u>
3:00pm – 5:00pm	<u>Load 'Em up: Strength Training, the Missing Link in Rehabilitation of Adolescent Dancers and Gymnastics</u>

Join Us:

Many of us will be attending the Health Promotion and Wellness Network's Light Breakfast and Coffee Event Thursday, 6:30am -7:45am at the Marriott Marquis, Scot Cotton Room