

Academy of Orthopaedic Physical Therapy - 2022 Historian Report – Tyler Shultz, PT, DPT, OCS

Academy leadership and staff provided a year of stability in 2022. The Academy continued to be productive and active as the largest section of the APTA. The academy continued to fund grants, produce clinically useful research, and educational initiatives while engaging membership on multiple different levels in 2022. The Academy continues to have an emphasis on advancing orthopaedic physical therapy practice. The many collective achievements of the Academy in 2022 are outlined in the following report.

MEMBERSHIP:

Total Academy membership at the close of 2022 was 16,975 members, a decrease of 6.7% from 2021. A five-year, year-over-year membership comparison to APTA change is seen in Figure 1 below. 2022 membership numbers represent a single year decline similar to what was seen during the Covid-19 pandemic. PTA and student membership continue to be significantly decreased, representing approximately 7% of Academy membership. Membership numbers in these areas indicate an opportunity for increased engagement and growth. Total membership in the Academy (PT, PTA, SPT, SPTA members) represents 23% of APTA section membership. The Academy continues to be the largest section in the APTA by a wide margin. The next largest section is the Academy of Sports Physical Therapy with 7,162 members.

	AOPT Members	AOPT YoY # Change	AOPT YoY % Change	APTA YoY % Change
2022	16,975	-1,137	- 6.70%	Not reported
2021	18,112	+ 63	+ 0.35%	+1.71%
2020	18,049	- 1,363	- 7.02%	- 4.82%
2019	19,412	+ 39	+ 0.2%	- 0.13%
2018	19,373	- 340	- 1.72%	+ 2.51%

Figure 1.

LEADERSHIP (as of 12/31/2022):

Academy Leadership:

President	Bob Rowe, PT, DPT, DMT, MHS
Vice President	Lori Michener, PT, PhD, ATC, SCS, FAPTA
Treasurer	Judith Hess, PT, DHS, OCS, CMPT
Director	Annette Karim, PT, DPT, PhD, OCS, FAAOMPT
Director	Beth Collier, PT, DPT, OCS, FAAOMPT
Director	Janet L. Konecne, PT, DPT, OCS, CSCS
Director	Derrick Sueki, PT, PhD, GCPT, OCS FAAOMPT

Academy Committees:

- Membership Chair: Christine Mansfield, PT, DPT, OCS, ATC
- Education Chair: Eric Folkins, PT, DPT, DHSc
- OPTP Editor: John Heick, PT, PhD, OCS, NCS, SCS
- ISC Editor: Dhinu Jayaseelan, PT, DPT
- Research Chair: Ameer Seitz, PT, DPT, PhD
- Practice Chair: James Spencer, PT, DPT, OCS, CSCS
- Finance Chair: Judith Hess, PT, DHS, OCS, CMPT
- Nominating Chair: Jason Tonley, PT, DPT, OCS, FAAOMPT

- Public Relations Chair: *Vacant*
- Awards Chair: Murray Maitland, PT, PhD
- Physical Therapist Assistant Steering Committee Chair: Jason Oliver, PTA

Special Interest Groups (SIGs):

- Occupational Health SIG; President: Rick Wickstrom, PT, DPT, CPE
- Foot and Ankle SIG; President: Frank DiLiberto, PT, PhD
- Pain Management SIG; President: Nancy Durban, PT, DPT, MS
- Performing Arts SIG; President: Laurel Daniels Abbruzzese, PT, EdD
- Animal Rehabilitation SIG; President: Francisco Maia, PT, DPT, CCRT
- Imaging SIG; President: Bruno Steiner, PT, DPT, LMT, RMSK
- Residency/Fellowship SIG; President: Molly Malloy, PT, DPT

Academy Staff:

- Terri DeFlorian, Executive Director
- Tara Fredrickson, Assistant Executive Director
- Sharon Klinski, Managing Editor OPTP & ISC
- JoAnn Schultz, Executive Assistant
- Joyce Brueggeman, Bookkeeper
- Christie Krueger, Administrative Coordinator

Independent Contractor:

- Namrita Sidhu, CPG Managing Editor

Centennial Scholars: The Academy continued to sponsor the following individuals as APTA's Centennial Scholars, whose initiatives support the Academy's strategic framework:

- Mary Beth Geiser, PT, DPT, OCS, FAAOMPT
- Yusra Iftikhar, PT, DPT
- Zach Walston, PT, DPT, OCS

STANDARDS OF PRACTICE:

The Academy has continued to make significant progress towards its vision of providing resources to optimize movement and musculoskeletal health. Part of the Academy's strategic framework is to promote the development and implementation of evidence to best practice. One initiative to achieve this is the publication of Clinical Practice Guidelines (CPGs) and continuing to develop advanced methods for providing educational content through the Independent Study Course (ISC) program. The Academy continued to make significant progress towards both initiatives in 2022.

Currently, there are 19 CPG topics covered with 8 being on their second update since initial publication for a total of 27 publications. At the close of 2022, there are 4 CPGs in the revision stage and 8 are in the development stages. The following CPGs were added in 2022, and published in the *Journal of Orthopaedic and Sports Physical Therapy (JOSPT)*:

- *Lateral Elbow Pain and Muscle Function impairments*. Lucado et al., December 2022
- *Hamstring Strain Injury in Athletes*. Martin et al., March 2022

The Independent Study Courses (ISCs) offered by the Academy have been transitioned to an online/online plus print system, available at orthoptlearn.org. Additionally, the ISCs continue to be an important contributor to the non-dues revenue of the Academy.

EDUCATION AND PROFESSIONAL DEVELOPMENT:

The Academy has continued to make progress toward education and professional development on several fronts. The Academy has continued to advance participation at Combined Sections Meeting (CSM), increased growth of Orthopaedic Residency and Fellowship education, and continued to develop the Mentorship Program.

The 2022 Combined Sections Meeting was held in San Antonio, TX. 2023 CSM will be held with both in-person (San Diego, CA) and virtual options available. The Academy looks forward to providing continued course sponsorship both on site and virtually.

Orthopaedic residency and fellowship education has continued to increase in 2022. The American Board of Physical Therapy Residency and Fellowship Education (ABPTRFE) recognized 146 accredited Orthopaedic Residency programs at the end of 2022. Additionally, there are 21 candidate programs and 8 developing programs. The ABPTRFE recognizes 25 accredited Orthopaedic Manual Physical Therapy Fellowships, with 1 candidate program. There are 4 accredited and no candidate Spine Fellowship programs at the close of 2022.

The Membership Committee continued to sponsor the Mentorship Program in 2022 which again matched 15 students. Areas of mentoring include research, academics/teaching, manual therapy, leadership, and private practice. The 2023 mentorship program will include both in-person and virtual options. The program is led by Christine Mansfield, PT, DPT, OCS, ATC, Membership Chair.

GRANTS FUNDING:

The Academy continues to support grant funding related to advocacy, residency and fellowship development, and small grants for researchers investigating orthopaedic practice issues. Grant recipients for 2022 are as follows:

- “Telerehabilitation effectiveness for individuals with temporomandibular disorders (TMD): A noninferiority study.” Emily Kahnert, DPT, CCTT. \$30,000
- “The impact of real-world vibration gait retraining on gait biomechanics in people with chronic ankle instability.” Kimmery Migel, PT, DPT, OCS. \$30,000
- “Clinical implications of knee load avoidant behavior during resistance exercise after ACL reconstruction.” Ryan Mizner, PT, PhD. \$40,000

AWARDS PROGRAM:

Award	2022 Recipient
Outstanding PT Student	Caroline (Carly) Esposito Mercer University
Outstanding PTA Student	Trevor Schooley, SPTA Somerset Community College
James A. Gould Excellence in Teaching Orthopaedic Physical Therapy	Carey Rothschild, PT, DPT, OCS, SCS, CSCS University of Central Florida
Rose Excellence in Research	Linda Van Dillen, PT, PhD, FAPTA
Richard W. Bowling - Richard E. Erhard Orthopaedic Clinical Practice	Gerard Brennan, PT, PhD, FAPTA Intermountain Healthcare, UT
Paris Distinguished Service	Aimee Klein, PT, DPT, DSc. University of South Florida

SUMMARY:

The Academy continues to make significant progress towards its strategic goals set forth in in 2021. Continued advancements were seen with publication of additional Clinical Practice Guidelines, mentorship, and grant funding among many other noteworthy contributions to the profession of Physical Therapy.