



ORTHOPAEDIC RESIDENCY/
FELLOWSHIP
SPECIAL INTEREST GROUP

7-7:15am Welcome and Introduction

1. Elections completed! - Let's Welcome (Profiles found online)
 - a. President: Matt Haberl
 - b. VP/Education Chair: Kathleen Geist
 - c. Nominating Committee:
 - i. 1-year term (acting as Chair 2018-2019): Matt L. Stark
 - ii. 2-year term: Melissa Dreger
 - iii. 3-year term: Mary Derrick
2. Guests: Stephanie McNally, ABPTRFE
 - a. APTA Residency and Fellowship Accreditation Updates
3. Current Membership
 - a. ~165 members
 - b. **Orthopaedic Residencies:**
 - i. **Accredited 102 (42%) Graduates: 2272 (69%)**
 - ii. **Candidacy: 7 Developing: 9**
 - c. OMPT Fellowships:
 - i. Accredited 31 (61%) Graduates: 1326 (86%)
 - ii. Candidacy: 2 Developing: 3
 - d. Spine Fellowships:
 - i. Accredited: 3 (6%) Graduates: 14 (1%)
 - ii. Candidacy: 0 Developing: 2
 - e. Movement System Fellowships:
 - i. Accredited 2 (4%) Graduates: 70 (5%)
 - ii. Candidacy: 0 Developing: 2
 - f. **TOTAL Fellowships: 71% of Programs and 92% of Graduates**
4. Poll of Residency and Fellowship Programs
 - a. Developing Programs
 - b. Orthopaedic Residencies
 - c. OMPT Fellowships
 - d. Spine Fellowships
 - e. Movement Fellowships
 - f. Other?

7:15-7:30 Old Business:

1. Education Section Residency and Fellowship Special Interest Group (RFSIG) Collaboration
 - a. **RFSIG HUB:** Has created a location for discussion across R/F education for communication regarding curriculum, mentorship and shared resources. Programs however must be members of the Education Section RFSIG to engage in discussion.
 - i. **Link:** <http://communities.apta.org/p/co/ly/gid=202>
 - ii. *Due to limited activity and member requirements Kris Porter, Carol Jo Tischner, Christina Gomez, and Matt Haberl have been evaluating other potential platforms for easier communication and collaboration across programs. A Survey was sent out evaluating the best method to move forward with.*
 1. *The survey will close on March 3rd*
 - a. Current results:
 - i. Completed:
 - ii. Top Choices:
 1. Email
 2. Facebook Groups
 3. LinkedIn
 - a. **RFSIG Think Tank:** The RFSIG has organized key members to assist in ideas for curriculum development, mentorship, and research from each Section. The met on 2/21/18.
 - i. September surveyed residency directors to assess specifically the following areas
 1. Evidence based practice/critical inquiry
 2. Statistics (Knowledge of research design/how to evaluate most appropriate statistical procedures)
 3. Professionalism and Ethics (accountability, knowledge of law and regulation, ethical values, professional growth and involvement, leadership and collaboration)
 - ii. Examples were provided at the Education RF-SIG meeting yesterday.
 1. More to come on this in the future. Questions contact Jason Zafereo
 - b. **Mentorship Webinars:** Carol Jo Tischner Update:
 - i. In early October, Carol Jo Tichenor, our Vice-Chair, hosted a webinar based on the APTA Learning Center course "Successful Mentorship (Course ID: LMS 677)." The feedback was very positive! Due to the valuable information presented, we wanted to share it with everyone. We would love to hear your thoughts after viewing!
 1. Presentations include:
 - a. "Guiding the Resident Toward a Focused Clinical Question" by Arielle Resnick, PT, DPT, NCS

- b. "How to Be Successful When Faced with Defensiveness" by Raine Osborne, PT, DPT, FAAOMPT
 - c. "Infusing Change: Helping the Resident to Integrate New Information and Ideas" by Kimberly Miczak, PT, DPT, NCS
 - 2. Webinar link: <http://apta.adobeconnect.com/pbz4mmwdmerh/>
 - ii. Please look for another survey for your preferred courses.
- 2. **Website Development:** Our website is up and running. We will be making slight modifications as new information is available.
 - a. *This will serve as the central Hub of information including previous webinars, current information and hard files.*
 - i. <https://www.orthopt.org/content/special-interest-groups/residency-fellowship>
 - b. **Logo:** *Make sure to check out our new logo. Thank you to all those who participated- Stephen Kareha and Kris Porter.*
- 3. **OPTP Quarterly Submissions:**
 - a. **First case report:** *Submitted to OP Magazine to highlight R/F work. We look forward to future submissions. Please contact kbennett@u.washington.edu*
 - b. **Next OP due date:** *March 1st:*
 - i. *Looking to present findings of previous survey of the different types of ortho residencies in next edition.*
- 4. **Annual Programming:**
 - a. **2018 Combined Section Programming Submissions:**
 - i. **Preconference Course CANCELLED:**
 - 1. "TRUST in YOUR THRUST! Implementing High Velocity
 - b. **2019 CSM Programming Proposals**
 - i. Due Date: March 21st
- 5. **Residency Curriculum**
 - a. **Courses included with this curriculum package:**
 - i. Diagnostic Imaging in Physical Therapy
 - ii. Postoperative Management of Orthopaedic Surgeries
 - iii. Pharmacology
 - iv. Current Concepts of Orthopaedic Physical Therapy, 4th Edition
 - v. Frontiers in Orthopaedic Science
 - vi. Basic Statistics for Understanding the Physical Therapy Literature
 - b. Can also purchase packages of Independent Study Courses individually
 - c. Still available – Information found at: <https://www.orthopt.org/content/education/residency-fellowship>
- 6. **Grant**
 - a. The Orthopaedic Section will award three grants a year, each in the amount of \$1,850 to assist with the application fee for residency and fellowship programs

that are designed for 1-5 residents/fellows. A program will become eligible to submit for a grant once it has received a letter from the ABPTRFE.

7:30-7:50 New Business:

1. Strategic Planning

- a. Will re-evaluate our initially established Goals and Objectives established in 2014.
- b. Application for \$3000 grant from Section
 - i. Please sign up if you are interested in assisting with our strategic planning.

2. Budget

- a. Now have \$3750 annually to use
- b. Proposal due prior to July Board of Directors Meeting
 - i. Open discussion on proposal ideas
 1. Previous ideas-
 - a. Strategic planning
 - b. Attendance at other conferences
 - c. Development of programming / resources
 - d. Ortho Residency Meet and Greet at CSM
 - e. Research development
 2. Open Discussion

3. ABPTRFE New Quality Standards

a. *Descriptions of Residency Practice-*

- i. ORF-SIG is working with the Practice Committee Chair regarding concerns about new requirements for residency and fellowship programs to adhere to specific patient populations and patient diagnoses to maintain accreditation. Several programs have reported concern regarding new reporting standards to go into effect January 2018.
 1. *ABPTRFE just released an explanation regarding the development of the Descriptions of Residency Practice (DRP) and use of Primary Health Conditions (PHC) to replace the previously held DSP.*
 - a. <https://youtu.be/oaYgnegbDRY>
 2. *Open Discussion*

b. *AAOMPT Update: Dr. Elaine Lonnemann*

- i. Currently the new Quality Standards do not match requirements set forth by IFOMPT, the international organization for Orthopaedic Manual Physical Therapy and member of WCPT. If programs choose to not meet IFOMPT's requirements such as having the mentor be a Fellow of AAOMPT these graduates will not be eligible to be Fellows of AAOMPT or part of IFOMPT with member reciprocity. This will be confusing for the Fellows in Training and consumers.

1. *AAOMPT is asking that all program directors or concerned members contact the ABPTRFE regarding these concerns.*
2. *Open Discussion*

c. House of Delegates Proposal:

- i. A proposal has been made to endorse ABPTRFE for setting the accreditation standards for post-professional residencies and fellowships in PT, similar to its endorsement of CAPTE. Please make sure to visit the HUB to follow this development and share your thoughts here as well as with your Delegates.

1. <http://communities.apta.org/p/fo/st/thread=7491>
2. *Open Discussion*

2. Next Meeting-

- a. Quarterly vs Monthly?

**Orthopedic Residency and Fellowship SIG Meeting
CSM 2018: New Orleans, LA
Friday, February 23**

Introductions: New officer members to SIG and liaisons to Practice Committee Kathy Cieslak and Aimee Klein

Stephanie McNally, ABPTRFE: Increase in residency and fellowship programs over the last year, APTA has new members to oversee RFPTCAS for programs to track residency, residency competency instrument is being used, clinical standards adopted and programs have until Jan. 2019 to be compliant. New resources for programs: FAQ and crosswalk document, DRP posted on website except acute care, 2018 revalidate guidelines for fellowship programs.

Matt Haberl: updates on the number of residency and fellowship education programs across the country and graduates

Old business: work with education section SIG, survey sent out to look at best method of communication with SIG members, social media via email. Overall, preference is email. 165 members and 30 completed the survey and will be on Facebook SIG webpage for another week. Education section SIG is using the Hub and is linked to the ORF SIG webpage. Part of PT Think Tank how programs can collaborate. Mentorship webinars are available and survey to evaluate member response. Email osteoblast, facebook page and website are available methods to communicate with SIG members. Every quarter in OPTP case reports can be published and outlet for residents get information published and OPTP is looking for more submissions in general.

Annual programming for upcoming conferences: Precon course was canceled. Want to advance programming. New and developing programs: \$850 grant available and curriculum available from the Orthopaedic Section.

New Business: next year will be moving into strategic planning and developing in initiatives. ORF-SIG has a budget and how do we want to use these funds. Update ISC's and webinars, regenerative medicine is a new area of the DSP and need for programs to add to curriculum. New quality standards from ABPTRFE and programs having challenges with meeting new guidelines.

Fellowships: new criteria for standards, relationship with IFOMPT may be in jeopardy and want to continue the relationship. Send letters to Matt Haberl.

Discussion: pathoanatomy included in the areas needing to be tracked by residents/programs. Board is collecting the data and this is an APTA wide initiative. Programs could benefit from resources to help with data tracking. Registry: neck, shoulder and knee for the outcomes registry. Movement system versus pathology tracking. Orthopedic section trying to get data through the registry. Need standardized standards from ABPTRFE and IFOMPT to reduce confusion. Position paper: giving students time to interview for residency programs and need collaboration to work out the details.

Carol Jo Tichner: Successful mentorship course from APTA learning center will be revamped due to incompatibility with some computer platforms. Want to provide more mentorship webinars and would like to generate more topics: EBP and ethics in training models and across all specialty sections.