

PRESIDENT'S MESSAGE

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As the Academy of Orthopaedic Physical Therapy (AOPT) has been rebranded...our Special Interest Group will be evaluating potential name changes this year as well. The top contender is APTA Orthopaedic | Performing Arts. Whether we remain a special interest group or get rebranded as an engagement community, our focus will still be on creating a community committed to the health of performing artists within the larger orthopaedic physical therapy community. We want to continue to offer regular opportunities for networking, professional development, and advocacy for evidence-based orthopaedic care of performing artists. We want to continue to spotlight our members and position our members as movement experts for performing artists.

Each year, the APTA Combined Sections Meeting (CSM) offers our members multiple opportunities to connect, learn, and share expertise. This year was no different. PASIG Programming at CSM 2025 was top notch! Thank you to Kristen Hope Schuyten, PT, DPT, MS, Cindy Enderle Munday, PT, MPT, Allyssa Memmini, PhD, LAT, ATC, and Phillip N. Schuyten, PT, DPT for your educational session on concussion management of performing artists. Thanks also to Annette Y. Karim, PT, DPT, PhD, Clare C. Frank, PT, DPT, MS, and Tina Wang, MD for your session on an interdisciplinary holistic approach to treating hypermobile dancers. We also had 10 fabulous poster presentations focused on performing arts:

- **1376 Pain with Relevé: A Non-Operative Approach Beyond the TcJ to the Accessory Navicular.** Meredith Craig, PT, DPT, Meg Tsai, PT, DPT, Christopher K. Wong, PT, PhD and Michael Robert Johnson, PT, DSc
- **1377 A Comparison of Hip and Ankle of ROM between Female Collegiate Dancers and Basketball Players.** Ellianna Morrison, SPT, Amy Humphrey, PT, DPT, Matthew Lewis, Brenda White, PhD, LAT, ATC and Braden Lawson, DAT, LAT, ATC
- **1378 Custom, Not Cookie-Cutter: A How-to Guide for Designing Dancer Warm-up and Cool-Down.** Veronica Prieur, PT, DPT and Kristen Hope Schuyten, PT, DPT, MS
- **1379 Rhythmic Rehabilitation: Feasibility of Tap Dance for Adults with Lower Limb Amputation.** Julianne Roser, SPT, Allison Strande, SPT, Bailey N. Taggart, SPT, Catherine Turner, PT, DPT, PhD and Jenny Alev Kent, PhD
- **1380 Accessibility of Physical Therapy Care within Collegiate Dance Programs/** Juan C. De La Rosa Calvo, SPT, Gabriella R. Gavazzi, SPT, Haley C. Loeffler, SPT, Kavita Sarathy, SPT, Emma Scholz, SPT and Laurel Daniels Abbruzzese, PT, EdD

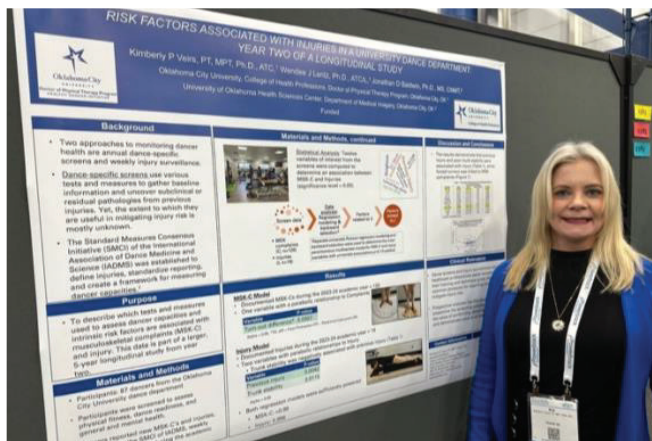
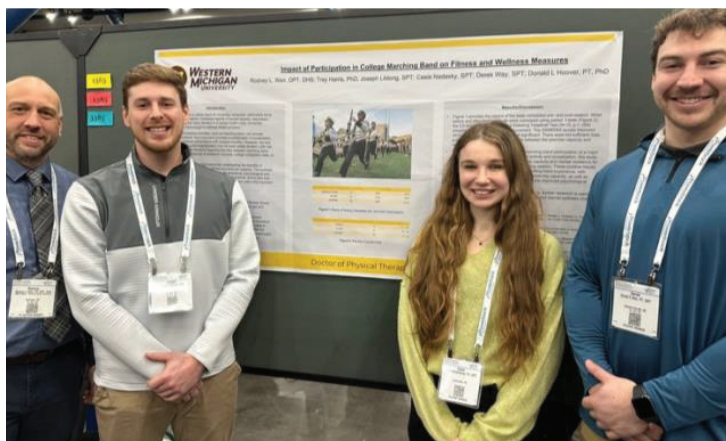
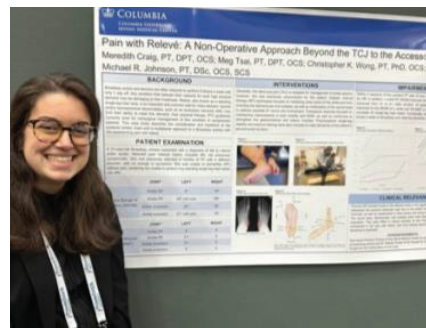
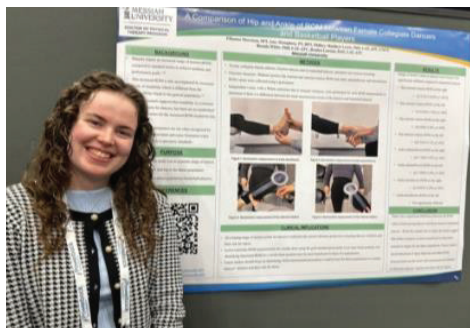
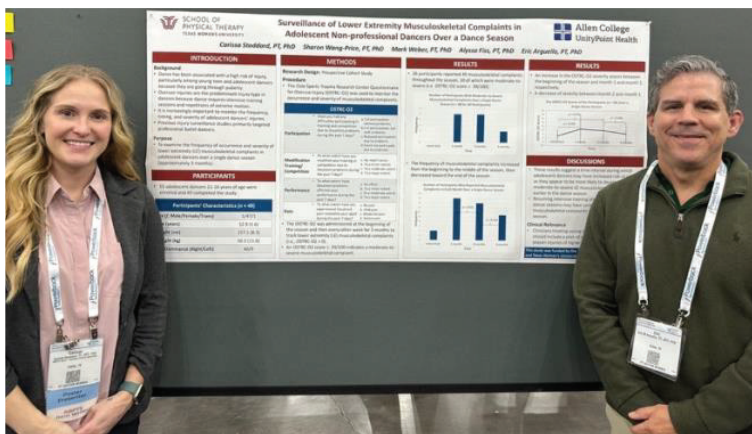
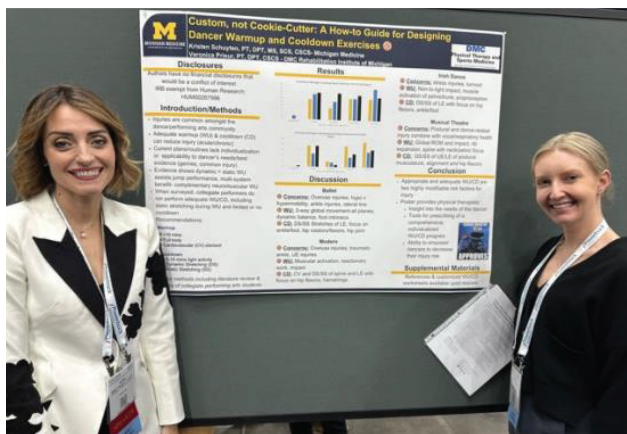
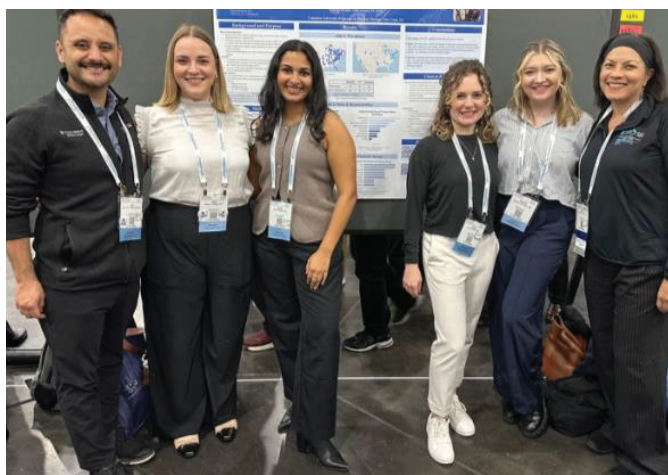
- **1381 Return to Professional Ballet Dance after Childbirth: A Case Description.** Teresa Smith, PT, DPT
- **1382 Surveillance of Lower Extremity Musculoskeletal Complaints in Adolescent Non-Professional Dancers over a Dance Season.** Carissa Stoddard, PT, DPT, PhD, Sharon S. Wang-Price, PT, PhD, Mark D. Weber, PT, ATC, PhD, Alyssa LaForme Fiss and Eric Matthew Arguello, PT, DPT, PhD
- **1383 Injury Characteristics and Management Strategies for Circus Artists: A Scoping Review.** Jessica Lynne Straub, PT, DPT, Dhinu Jayaseelan, PT, DPT, Clara Honigberg, SPT and David A. Scalzitti, PT, PhD
- **1384 Risk Factors Associated with Injuries in a University Dance Department: Year 2 of Longitudinal Study.** Kimberly Perrella Veirs, PT, MPT, ATC, PhD, Wendee Lentz, PT and Jonathan D Baldwin
- **1385 Impact of Participation in College Marching Band on Fitness and Wellness Measures.** Rodney Lee Weir, PT, DPT, DHS, Trey Harris, Joseph Liblong, SPT, Casie Marie Nadasky, SPT, Derek Way, SPT and Donald L. Hoover, PT, PhD, CSCS



Kristen Hope Schuyten, PT, DPT, MS, Cindy Enderle Munday, PT, MPT, Allyssa Memmini, PhD, LAT, ATC, and Phillip N. Schuyten, PT, DPT



Annette Y. Karim, PT, DPT, PhD, Clare C. Frank, PT, DPT, MS, and Tina Wang, MD



APTA Orthopaedic – Performing Arts Posters

PASIG STUDENT SCHOLARSHIP PROGRAM

The PASIG awards two \$500 scholarships each year: one entry-level student, and one post-professional student, to present their research at CSM. This year there were not any applications from residents or fellows. The 2025 PASIG scholarship was awarded to the Columbia Dance Research Team, Kavita Sarathy, SPT; Juan C. De La Rosa Calvo, SPT; Gabriella R. Gavazzi, SPT; Haley C. Loeffler, SPT; Emma Scholz, SPT; and Laurel Daniels Abbruzzese, PT, EdD for their poster, "Accessibility of Physical Therapy Care within Collegiate Dance Programs."



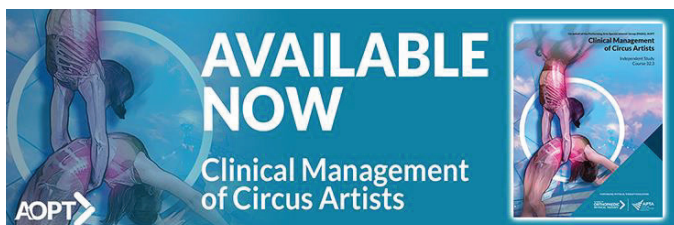
PASIG MEET & GREET AT CSM 2025 IN HOUSTON, TX

Since the PASIG Membership Meeting was moved to a virtual meeting later in February, we organized a Meet & Greet Happy Hour for networking and connections. We want to thank Michael Tsang and Danielle Farzanegan, our Houston residents on the PASIG leadership team, for organizing this fantastic event at Pitch 25.



PASIG LEADERS PROMOTING APTA ORTHOPAEDIC AND OUR ISC

We are thrilled that APTA Orthopaedic membership is now free to students. This means that getting engaged with the PASIG is also free for students. We need your help spreading the word. If you have ideas for membership engagement, please share them with the PASIG leadership team. We also continue to promote our Circus Arts Independent Study Course. The PASIG made an investment in this valuable resource, and we want to get it into the hands of more physical therapists.



Check out our ISC: Clinical Management of Circus Artists

The Circus Arts Independent Study Course can be found on the APTA Orthopaedic website: <https://www.orthopt.org/content/education/independent-study-courses>

APTA ORTHOPAEDIC - PERFORMING ARTS & ATHLETES & THE ARTS (AATA)

As of February 2025, the APTA-Orthopaedic Board of Directors has signed a memorandum of agreement formally recognizing our collaboration with Athletes and the Arts (AATA).

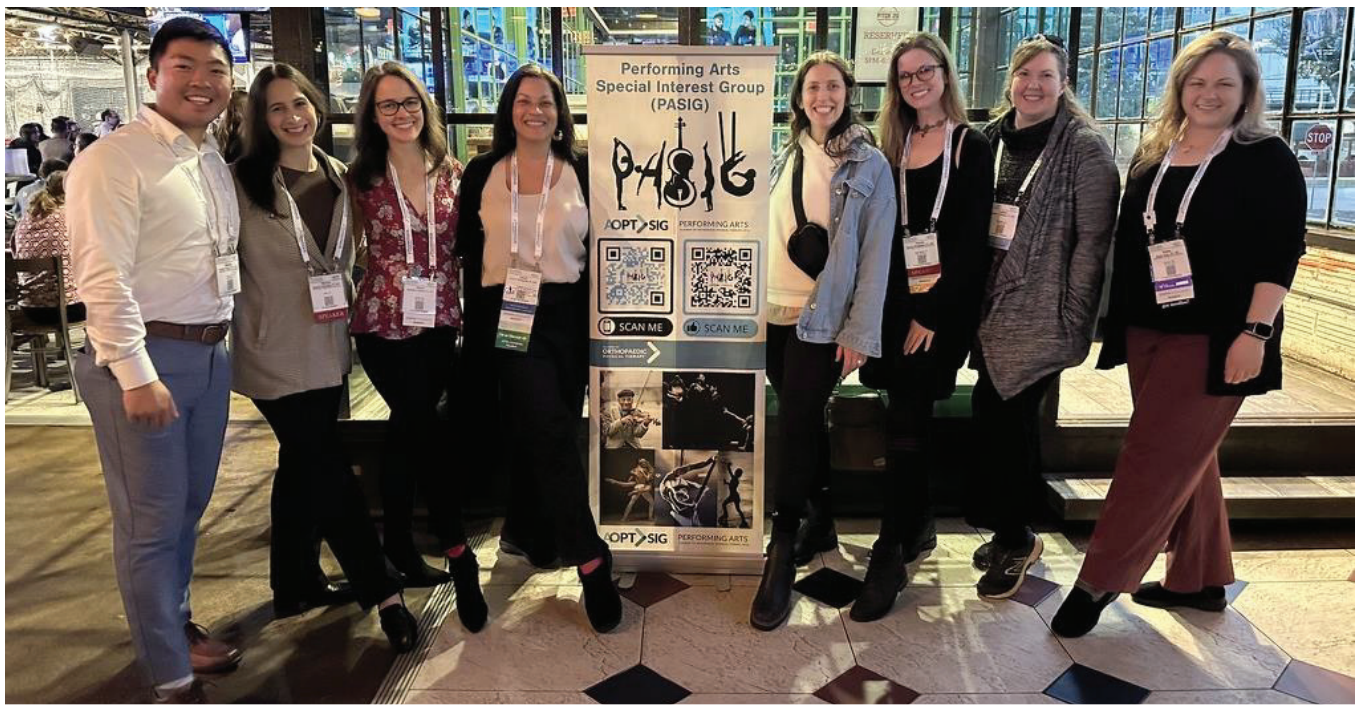
Athletes & the Arts (AATA) is a non-profit coalition of sports medicine, performing arts medicine, and other wellness organizations focused on performing artists. There are currently over 20 organizations contributing to the Athletes & the Arts mission of "integrating science of sport and the performing arts for the mutual benefit of both."

A collaboration between the APTA Orthopaedic - Performing Arts Special Interest Group (PASIG) and AATA not only helps provide value to PASIG's members, but also supports the APTA-Orthopaedic vision - to be a world leader in providing resources to optimize movement and musculoskeletal health. This is achieved through connecting with other like-minded organizations to work towards a common goal of improving awareness within the artistic communities that performing arts physical therapists serve. Additionally, this relationship will also greatly expand the breadth of multidisciplinary resources available to our members and help promote collaboration in developing much-needed Performing Arts Medicine research.

As a supporting association, the PASIG is able to collaborate on specific topics regarding performing arts physical therapy, thus disseminating vital knowledge about our practices and increasing awareness of our profession. AATA has created a library of resources and has an established podcast with a wide and diverse audience. AATA targets performing artists, medical professionals, educators, and choreographers— similar target audiences to what PASIG has been striving to reach.

We encourage our members to check out the AATA website for podcasts, fact sheets, and other resources: <https://athletesandthearts.com>





Photos: PASIG Leadership Team and members at the CSM 2025 Meet & Greet @ Pitch 25.