

## PRESIDENT'S MESSAGE

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## THE NEW NORMAL

These past couple of years have posed numerous challenges to performing artists and to physical therapists that specialize in working with performing artists. Can we really say that we are “post-COVID” yet? Most performers are back on stages, in arenas and symphony halls, but the ways in which we practice have not rebounded to pre-COVID status. Infection control protocols have been updated. Telehealth, in some places, remains an adjunct to in-person care. Prevention and wellness services are a growing component in performing arts practices. These are good things! However, too many practitioners and educators are managing this new normal in silos. I urge you to share your insights and strategies with the PASIG community. Post your questions and share your ideas on our closed Facebook group: <https://www.facebook.com/groups/1546315278934871/>. If you are searching the literature to answer your own clinical questions, consider putting together a citation blast for the PASIG.

## PASIG PROJECTS AND CONTACTS

[Please reach out if you are interested in getting involved]

- Monthly Citation Blasts [Michael Tsang | [kinghontsang@hotmail.com](mailto:kinghontsang@hotmail.com)]
- Quarterly Podcasts [Sara Edery-Altas & Isabella Scangamor | [Sarah.Edery-Altas@nyulangone.org](mailto:Sarah.Edery-Altas@nyulangone.org)]
- Performing Arts Tests & Measures for Screening [Marissa Hentis | [marisa.giangrasso@gmail.com](mailto:marisa.giangrasso@gmail.com)]
- Performing Arts programming at CSM [Melissa Strzelinski | [melissastrzel@gmail.com](mailto:melissastrzel@gmail.com)]
- Performing Arts PT Social Media Spotlights [Dawn Muci | [Dawnd76@hotmail.com](mailto:Dawnd76@hotmail.com)]
- Performing Arts Special Interest Group (PASIG) Apparel [Jessica Waters | [jessicafultoncpt@gmail.com](mailto:jessicafultoncpt@gmail.com)]
- PASIG Video Project - “*Position members as experts in managing movement and functional performance impairments in performing artists*” [Danielle Farzanegan | [dfarzanegan@gmail.com](mailto:dfarzanegan@gmail.com)]
- Independent Study Course [Publication date projected for 2022] [Katrina Lee & Sara Edery-Altas]
  - Topic: **Clinical Management of Circus Artists**
    - Circus 101: Features and Feats of Circus Bodies
    - Aerial Athletes: Flying, Hanging, Wrapping, Catching
    - Equilibrium, Propulsion, Impact, and Control: Landing the Skills to Treat Ground Acrobats
  - Authors: Emily Scherb, Dawn Muci, Heather Heineman, and Stephanie Greenspan

## PASIG ELECTIONS

Every year we elect new officers to the Performing Arts SIG. This year we will be electing a President (3-year term) and 1 Nominating Committee Member (3-year term). Please be sure to vote. Thank you to our Nominating Committee: Pam Mikkelsen (Chair), Kimberly Veirs, & Taylor Mravec.

## CSM 2023 IN SAN DIEGO

We hope that you will join us in San Diego for CSM in February! The PASIG is pleased to announce the following program: “Evidence Based Lower Limb Updates in Dance- Risk Factors, Rehab, and Prevention” featuring Robyn Rice and Dawn Muci [Session ID:14476].

Also, please remember that if you are a student or performing arts fellow that had an abstract accepted to CSM, you are eligible for a PASIG student scholarship!

## PASIG SCHOLARSHIPS

To recognize students for their contribution to performing arts physical therapy and to assist in defraying the cost of attending the Combined Sections Meeting (CSM), the Performing Arts Special Interest Group (PASIG) will support up to two \$500 scholarships for one entry-level student and one post-professional student presenting research at CSM.

Eligibility:

1. Must be a student in an accredited pre-professional (DPT) or post-professional Performing Arts Fellowship Program when the research was conducted.
2. Must be a member of the PASIG.
3. Must be listed as an author on the poster/presentation.
4. Must have confirmation of acceptance as either a platform or poster presenter at the upcoming CSM meeting.
5. Topic of research must focus on performing arts physical therapy (and submitted under the Performing Arts subheading within the AOPT).
6. Must participate in presenting the poster/platform at CSM.

Questions? Contact Scholarship Chair, Anna Saunders | [annarosemary@gmail.com](mailto:annarosemary@gmail.com)

## PERFORMING ARTS FELLOWSHIP TRAINING

Physical therapists with an OCS, SCS, or completion of an orthopedic residency may choose from 1 of 4 performing arts fellowship programs for advanced training and specialization in performing arts. If you have questions about starting a performing arts fellowship program, contact our chair, Tiffani Marrulli, [tiffani.marulli@osumc.edu](mailto:tiffani.marulli@osumc.edu). For specific program questions, contact the program directors.

- **Columbia University Irving Medical Center and West Side Dance Performing Arts Fellowship**
  - Program Director: Laurel Daniels Abbruzzese [la110@cumc.columbia.edu](mailto:la110@cumc.columbia.edu)
  - <https://www.ps.columbia.edu/education/academic-programs/programs-physical-therapy/performing-arts-fellowship>
- **NYU Langone-Harkness Center for Dance Injuries Performing Arts Fellowship**
  - Program Director: Angela Stolfi [harkness@nyulangone.org](mailto:harkness@nyulangone.org)

—<https://med.nyu.edu/departments-institutes/orthopedic-surgery/specialty-programs/harkness-center-dance-injuries/education/professional-development-students-healthcare-practitioners/academic-observation-fellowship>

- **The Johns Hopkins Hospital Performing Arts Fellowship**  
—Program Director: Andrea Lasner [danceFIT@jhmi.edu](mailto:danceFIT@jhmi.edu)  
—[https://www.hopkinsmedicine.org/physical\\_medicine\\_rehabilitation/education\\_training/therapy-residency/physical-therapy/performing-arts-pt-fellowship.html](https://www.hopkinsmedicine.org/physical_medicine_rehabilitation/education_training/therapy-residency/physical-therapy/performing-arts-pt-fellowship.html)
- **The Ohio State University Wexner Medical Center Performing Arts Fellowship**  
—Program Director: Tiffany Marulli [tiffany.marulli@osumc.edu](mailto:tiffany.marulli@osumc.edu)  
—<https://hrs.osu.edu/academics/graduate-programs/clinical-doctorate-in-physical-therapy/residencies-and-fellowships/performing-arts>

### PASIG PRACTICE PEARLS PODCAST

Our fifth installment of *PASIG Practice Pearls Podcast* series is a 2-part series focused on Performing Arts Fellowship opportunities! All episodes are open to the public and are available on the PASIG website.

### PERFORMING ARTS SIG FEATURED CONTENT

If you have a performing arts case study or research study that we can feature in an upcoming issue of *OPTP*, please bring it to my attention at [labbruzzese@orthopt.org](mailto:labbruzzese@orthopt.org). We are eager to share the work of performing arts physical therapists and researchers with the broader orthopaedic physical therapy community.

### BECOME A PASIG MEMBER!

Direct email-blasts go to registered PASIG members. If you would like to receive the monthly citation blast and PASIG news, be sure to [become a member](https://www.orthopt.org/login.php?forward_url=/content/special-interest-groups/performing-arts/become-a-pasig-member). [[https://www.orthopt.org/login.php?forward\\_url=/content/special-interest-groups/performing-arts/become-a-pasig-member](https://www.orthopt.org/login.php?forward_url=/content/special-interest-groups/performing-arts/become-a-pasig-member)]



SCAN ME

# DID YOU KNOW

The Academy of Orthopaedics and the Performing Arts Special Interest Group are offering an independent study course this fall  
**Clinical Management of Circus Artists**

### Planned topics include:

- Circus 101: Features & Feats of Circus Bodies
- Aerial Athletes: Flying, Hanging, Wrapping, and Catching
- Equilibrium, Propulsion, Impact, and Control: Loading the Skills to Treat Ground Acrobats

Watch for future details to be announced.  
All of our Current Courses can be accessed here:  
<https://www.orthopt.org/content/education/independent-study-courses/browse-available-courses>

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