

PRESIDENT'S MESSAGE

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COMBINED SECTIONS MEETING 2022

The PASIG is thrilled that we will be able to gather in person in San Antonio, TX Feb 1-5, 2022. However, our PASIG Member meeting will not be in person. We will hold our meeting at the end of the month via zoom. We hope that this will enable more members to participate. The PASIG General Meeting zoom link will be sent via email to all PASIG members. For now, mark your calendars: **Sunday, 2/27 at 5:00 p.m.**

Please also mark your calendars in order to find PASIG members at the following CSM events:

- **Tuesday, 2/1:** At the End of Your Rope: Rehab Solutions for Climbers and Aerialists - Convention Center-301
 - Jared Spencer Vagy, PT, DPT
 - Lynnette Ching-Ling Khoo-Summers, PT, DPT
 - Emily Scherb, PT, DPT
- **Wednesday, 2/2:** Musculoskeletal US of Upper Extremity with Special Focus in Sport and Performing Arts | Co-sponsored with Imaging SIG- Convention Center-301
 - Mohini Rawat, DPT, MS, ECS, OCS, RMSK
 - Jon A. Umlauf, PT, DPT, DSC
 - Dirk Hartog, PT, DPT, OCS, CSCS
 - Colin Rigney, PT, DPT
- **Thursday, 2/3: 6:30-7:30 a.m.** AOPT Student Welcome Breakfast - Marriott Rivercenter -Salon G
- **Thursday, 2/3: 7:00-8:30 p.m.** AOPT Special Interest Group Meet & Greet Reception - Grand Hyatt - Texas Salon A
- **Friday, 2/4: 1:00-3:00 p.m.** AOPT Performing Arts Poster Session – Exhibit Hall 2
- **Saturday, 2/5: 8-10 a.m.** Performing Arts Care in a New World: Re-Imagining Our Approaches to Training, Rehabilitation, and Resilience-Building- Stars at Night BR 2&3
 - Brooke Winder, PT, DPT
 - Marisa Hentis, PT, DPT
 - Kristen Schuyten, PT, DPT, MS
 - Tiffany Marulli, PT
- **Saturday, 2/5: 12-1 p.m.** Performing Arts SIG Screening Meeting – Bonus Room-TBA
- **Saturday, 2/5: 1-2 p.m.** Performing Arts Fellowship Program Q&A – Bonus Room-TBA

PASIG PRACTICE PEARLS PODCAST

We are excited to announce that the third installment of PASIG Practice Pearls Podcast series is now available to members on our website! This episode addresses the **Clinical Management and Considerations for Treating Figure Skaters**. This episode is hosted by **Isabella Scangamore, PT, DPT**,



and features PASIG Clinicians, **Sarah Plumer-Holzman, PT, DPT** and **Patti Cavaleri, PT, DPT**. Both Drs. Plumer-Holzman and Cavaleri are Board-Certified Clinical Specialists in Orthopaedic Physical Therapy and treat performing artists at the Harkness Center for Dance Injuries, NYU Langone Medical Center. Thank you to Sarah Edery-Altas for overseeing the Podcast project.

PASIG CITATION BLAST

If you have a particular interest in figure skating, the October blast was dedicated to Figure Skating. Citation blasts are sent directly to PASIG members in our monthly email blasts but are also archived on our website.

PASIG PERFORMING ARTS FELLOWSHIP

The PASIG continues to support performing arts fellowship training as means of advancing one's practice in this sub-specialty area. We will host a Performing Arts Fellowship Q&A at CSM Saturday at 1:00 p.m. All PA Fellowship programs are accepting applicants for 2023. For information about Fellowships, please contact our Chair, Tiffani Marruli at tiffany.marulli@osumc.edu

PASIG SWAG

Be sure to show off your PASIG pride at CSM. All promotional items are available on the web: <https://www.orthopt.org/content/special-interest-groups/performing-arts/pasig-promotional-items>



PASIG CALL FOR MEDIA!

We are extending our call for media.

The PASIG would like to feature our own members in videos being created for various strategic initiatives. Rather than grabbing royalty-free content from the web, we would like to develop our own inventory featuring our own members.

Our objective:

“Position members as experts in managing movement and functional performance impairments.”



Submissions will be evaluated by a panel of members from the PASIG leadership team. We will provide a \$50 (photo) or \$75 (video) licensing fee for each piece of media selected for use in PASIG projects.

You will be able to submit entries at:

https://cumc.co1.qualtrics.com/jfe/form/SV_6nRQ8IQ5ZKcDtDBc


We are seeking original photos and 20-30 second video clips of PASIG physical therapists working:

- in diverse settings (research, screening events, backstage, in the clinic)
- with diverse artists (dancers, musicians, skaters, circus artists, etc)
- from diverse backgrounds (old, young, male, female, varied ethnicities, etc)
- We would love to have diversity in both the therapists and patients/clients being featured
- Ideally the photos and videos would showcase unique aspects of performing arts physical therapy
- Physical Therapists are encouraged to wear PASIG apparel

BECOME A PASIG MEMBER

Direct email-blasts go to registered PASIG members. If you would like to receive the monthly citation blast and PASIG news, be sure to become a member.

Your PASIG is working on an Independent study course, *Circus Artist Considerations* to be released this summer



Planned topics include:

- **Circus 101: Features & Feats of Circus Bodies**
- **Aerial Athletes: Flying, Hanging, Wrapping, and Catching**
- **Flipping into Action: Tumbling, Twisting, and Throwing**

Hello AOPT Foot and Ankle SIG members! The FASIG, working closely with the education committee for the American Orthopaedic Foot and Ankle Society (AOFAS), gathered in Charlotte, NC in September 2021 for the annual AOFAS meeting. It was a great conference with many great opportunities to attend well delivered talks and engage in professional discussion. We would like to especially thank the following speakers:

- Dr. Stacey Meardon from Eastern Carolina University who gave a talk on joint loading and lateral ankle instability;
- Dr. Ashley Waite from the University of Rochester who spoke about flatfoot rehabilitation;
- Dr. Stephanie Albin from Regis University who gave a talk on ankle arthritis; and
- Dr. Jeff Houck from Upstate Medical University who discussed patient reported outcome measures across the spectrum of foot and ankle diagnoses.

Overall, the meeting and time to connect in-person for this event was rewarding for everyone involved. We now are looking forward to the upcoming Combined Sections Meeting in San Antonio, TX this February 2022.

OTHER IMPORTANT NEWS:

- Analysis of the Practice Analysis Survey data is underway! We anticipate a timely submission to the American Board of Physical Therapy Residency and Fellowship Education (ABPTRFE) by the end of 2021 or early 2022 in time for CSM. Many thanks to the Practice Analysis Coordinators, Project consultant, and the entire task-force working on this.
- The FASIG Practice Committee together with guidance from the AOPT Public Relations Committee has created infographics to share information about common foot and ankle pathologies. These will be shared across the AOPT as a resource for members. Versions may also be developed to inform patients about common conditions and what to expect when seeking treatment. The current infographics are posted to the AOPT_FASIG webpage. We are currently looking for a new Practice Committee Chair. Please reach out to anyone on the FASIG leadership if you are interested.
- Our thanks to Dr. Jay Hertel and Dr. Corbett for the author spotlight on Chronic Ankle Instability. We want to also thank Drs. Hastings, Jeong, and Zellers for their author spotlight on Heel Rise Assessment in Patients with Diabetes. Dr. Abbas Jaffri has done a great job with these author spotlights as the FASIG Research Chair – thanks Abbas for leading this work.
- Make sure to check-out our quarterly newsletters posted to our website (listed below) if you didn't catch them in your email! Dr. Jennifer Zellers at Washington University works closely with a great group of student FASIG members to develop these newsletters. They include summaries of our SIG activity, member spotlights, and a citation blast for hot-off-the press foot and ankle research.

We wish everyone in the AOPT and FASIG well and look forward to connecting with everyone at CSM 2022 in San Antonio.

THE FASIG LEADERSHIP

<https://www.orthopt.org/content/special-interest-groups/foot-ankle>