

GREETINGS FASIG MEMBERS!

First, we were thrilled to see some of you at the September, American Orthopaedic Foot and Ankle (AOFAS) Annual Meeting in Montreal, QC. This year Chris Neville, PT, PhD, Jeff Houck, PT, PhD, and Stephanie Albin, DPT, PhD assisted with the excellent educational programming at the meeting. Dr. Houck presented an overview of rehabilitation approaches to Achilles tendinopathy. Dr. Albin presented evidence for dry needling as a key element of treatment for foot and ankle problems. Dr. Neville moderated a session on bracing and orthotics for use in rehabilitation. The FASIG and AOFAS remain committed to education for all health professionals treating patients with foot and ankle problems via webinars, on-line programming, and in-person meetings. Check out additional educational opportunities and consider joining the AOFAS at: <https://www.aofas.org/education>

Second, we have 2 new leadership changes and 2 more just around the corner. I am pleased to announce Ashley Waite, PT, DPT as the new FASIG Practice Chair. Dr. Waite is a Board-Certified Orthopaedic Clinical Specialist presently working in the Department of Orthopaedics and Physical Performance at the University of Rochester Medical Center (URMC) in Rochester, NY. She is actively involved in the foot/ankle and running teams as well as the orthopedic residency program within the Sports and Spine Rehabilitation Department at URMC. Ashley's post professional special interests and continuing education endeavors have been focused on clinical examination of runners, clinical gait analysis, and foot and ankle rehabilitation. Dr. Waite will be lending her expertise to a number of FASIG initiatives and leading the development of new infographics.

Jen Zellers, DPT, PhD is stepping down after years of service as Student Mentorship Chair. On behalf of all FASIG members, we thank Dr. Zellers for her service and leadership, and hope we still see her at FASIG events. Dr. Zellers also identified her successor, Hayley Powell, DPT, ATC.

Dr. Powell received her bachelor's degree in Exercise and Sports Science (concentration in Athletic Training) from the University of North Carolina. She earned her DPT degree from East Carolina University. After working as a clinician for several years in outpatient orthopedics, Dr. Powell is currently pursuing a Ph.D. at the University of Delaware researching Achilles tendinopathy. She will continue the excellent Quarterly Student Newsletters with a new group of students.

REGARDING FUTURE CHANGES.

Please cast your vote for the new FASIG Vice President and new Nominating Committee Member!

Third, we have continued to move additional FASIG initiatives forward. A big thank you to Jasmine Marcus, PT, DPT for authoring the new ChoosePT symptoms and conditions article on posterior tibial tendon dysfunction (PTTD). You can check out the article here: (<https://www.choosept.com/guide/physical-therapy-guide-posterior-tibial-tendon-dysfunction-acquired-flat-foot-adults>). ChoosePT is a growing resource for patients, and this current edition ties in well with our PTTD infographic. Please

reach out to us if you have an idea, or if you would like to help create an infographic or ChoosePT article.

We have a new Author Spotlight Podcast! Thank you to our Research Chair, Abbas Jaffi, PT, MS, PhD, for his recent interview with Michael Mueller, PT, PhD, FAPTA discussing Dr. Mueller's work regarding the Physical Stress Theory and foot and ankle problems in people with diabetes mellitus. Check out all of the Podcasts here: <https://www.orthopt.org/content/special-interest-groups/foot-ankle/fasig-author-spotlight>

Lastly, keep a lookout for FASIG CSM programming and conference information - Hope to see you there!

Frank