

GREETINGS FASIG MEMBERS!

It was great to see many of you at CSM and especially at the annual FA SIG membership meeting. If you couldn't make it, here is what you missed and what to look for in the future:

What happened:

- (1) Great Programming: Thank you to the authors of FA SIG sponsored educational sessions 'Achilles Tendon Rupture and Tendinopathy: Considerations for the Athlete,' and 'Integrating Minimal Footwear into Clinical Practice,' as well as to poster and platform authors.
- (2) Annual Meeting: An update on all FASIG initiatives – Check out the posted Meeting Presentation on our website.
- (3) Awards!
 - a. **Debbie Nawoczinski, PT, PhD and Michael Mueller, PT, PhD, FAPTA were awarded the FA SIG Lifetime Achievement Awards** – Check out the award videos on our webpage!
 - b. **Chris Neville, PT, PhD was awarded the FA SIG Excellence in Service Award!**
 - c. The first annual **Best Foot and Ankle Poster Awards** were given out during our meeting to recognize high-quality foot and ankle research.

What to look for:

- (1) Infographics on Achilles Tendinopathy and Footwear should be forth coming soon. They will be available [here](#).
- (2) A revised application to ABPTRFE for the Foot and Ankle Fellowship Practice was recently submitted in response to comments from the initial submission. Stay tuned for more information on this important initiative.
- (3) We need thoughtful foot and ankle physical therapists and foot and ankle experts to communicate their knowledge to students and fellow colleagues. We have begun posting educational videos on the [AOPT YouTube Channel](#). Search FA SIG or lateral ankle sprain to see our videos thus far. Please contact me if you are willing to make a video – format is open, potential topics are numerous and largely of your choosing, and the video duration is up to you!

*Until next time,
Frank DeLiberto*



Sean McBride accepting the **Best Foot and Ankle Poster 2nd Place Award** from Stephanie Albin for 'Posture's Influence on Midfoot and Ankle Joint Kinetics: Unveiling Tissue Loading during Gait' (Authors: Sean P. McBride, M. Samuel Cheng, Philippe C Dixon, Monique Mokha)



Chris Neville receiving the Excellence in Service Award from Frank DiLiberto

Stacey Meardon accepting the **Best Foot and Ankle Poster 3rd Place Award** from Stephanie Albin for 'Altered Triple HOP Lower Extremity Loads in Chronic Ankle Instability: Factors and Healthy Control Comparisons' (Authors: Lynnz Morgynn Brewer, John David Willson, Frank E. DiLiberto, Kristen Edmonds Tharrington, Abigail Donahue, Stacey A. Meardon)



Ceili Kacmarcik (left), Joaquin Alberto Barrios (center), and Camryn Alise Yacks accepting the **Best Foot and Ankle Poster 1st Place Award** for 'Effectiveness of a Talocrural Joint Mobilization on Restricted Dorsiflexion: A Time Series Intervention Analysis' (Authors: Joaquin Alberto Barrios, Ceili Kacmarcik, Carly Archambeau, Camryn Alise Yacks)