

PRESIDENT'S MESSAGE

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2024 marks the 50th anniversary of the Academy of Orthopaedics. As the Academy looks ahead to the future, AOPT is putting a high priority on member engagement. The special interest groups will be taking on new branding and leadership practices. We will continue, however, to serve our members by supporting practice initiatives, research, and professional education. In this newsletter, I would like to highlight our PASIG activities at the Combined Sections Meeting in Boston, held Feb. 15-17, 2024.

STUDENT SCHOLARSHIP RECIPIENTS

The 2024 PASIG Student Scholarship award went to the Columbia Dance Research Team for their poster: *The Inter-Rater Reliability of the Airplane Test and Star Excursion Balance Test*.

Student authors include Margaret J. Wiss, SPT, Alexandra May Smith, SPT, Angelica Pastrana, SPT, Tessa O'Hara, SPT,

Gabrielle Ayoub, SPT, and Adriana Ardila, SPT. Congratulations!!! We look forward to reading your published manuscript.

Thank you to all who contributed posters this year. APTA CSM 2024 included poster presentations on topics ranging from screening youth circus artists and dancers to interventions for musicians.



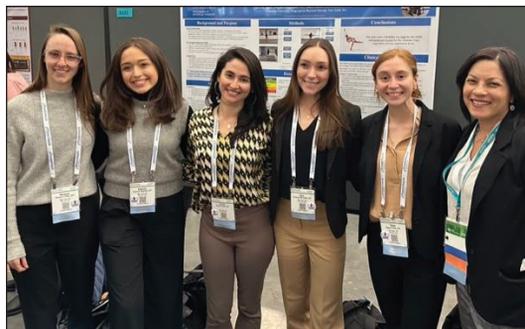
PASIG Featured Presenters



Columbia Dance Research Team



To Screen or Not to Screen Presenters

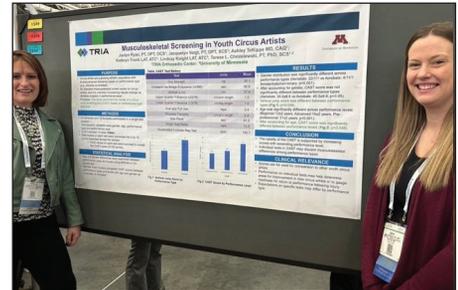
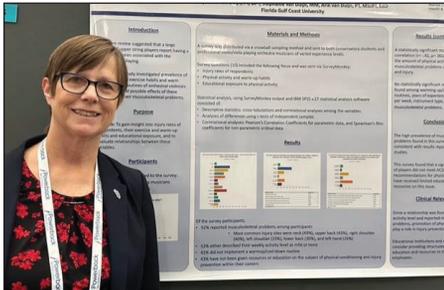
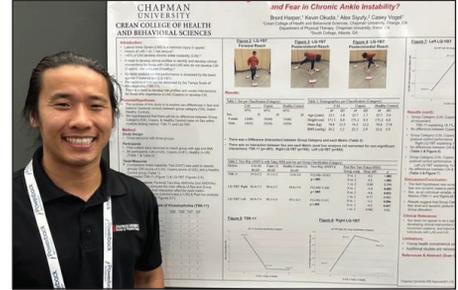
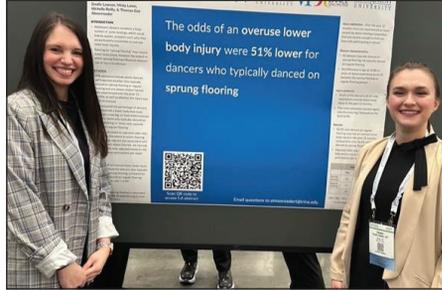
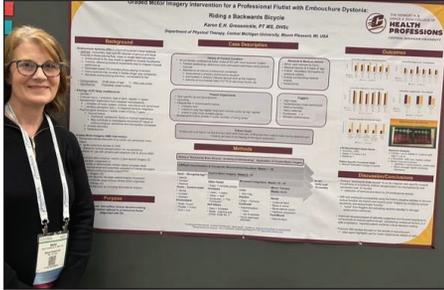
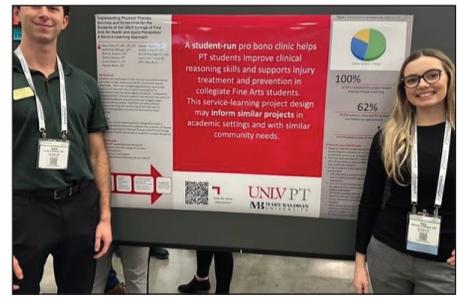
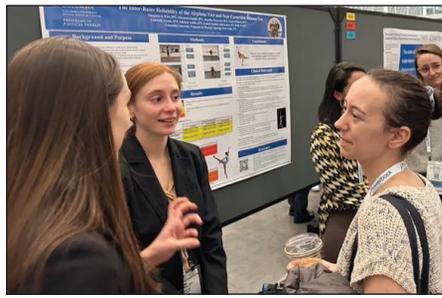


Student Authors



Pliés and Extension of Arms to think through the Mechanics of the Developé

Poster Presentation Topics Ranged from Screening Youth, Circus Artists, and Dancers to Interventions for Musicians



Amy Humpfrey



PASIG leaders: Andrea Lasner, Michael Tsang, Danielle Farzanegan, Melissa Strzelinski, Maris Hentis, and Janice Yang

The PASIG would also like to thank our featured presenters: Janice C. Ying, PT, DPT, Clare C. Frank, PT, DPT, MS, Erin Michele Hayden, PT, DPT and Michael King-Hon Tsang, PT, DPT for *Foundations for Optimizing Movement Performance and Return to Play for Instrumental Musicians*, and Laurel Daniels Abbruzzese, PT, EdD, Marisa E. Hentis, PT, DPT, Kynaston Schultz, PT, DPT, and Annette Y. Karim, PT, DPT, PhD for *To Screen or Not to Screen: Important Considerations for Conducting Preseason Wellness Screens With Dancers*. A special shout out to Marisa, Annette, and

Kynaston for covering for me when I got ill. It was great to see the photos of participants up in the aisles doing pliés and extending their arms to think through the mechanics of the développé. A big thank you to our VP-Education, Melissa Strzelinski, for ensuring that we have performing arts content at CSM.

At our PASIG Business Meeting we thanked officers, Kimberly Veirs, our outgoing Nominating Committee Chair, Andrea Lasner, our outgoing Practice Chair, and Beth Collier, our outgoing BOD liaison. Thank you for your service and leadership!

We also welcomed a new member of our leadership team, Amy Humphrey. A big shout out to all of the PASIG leaders that work tirelessly on behalf of our members!!

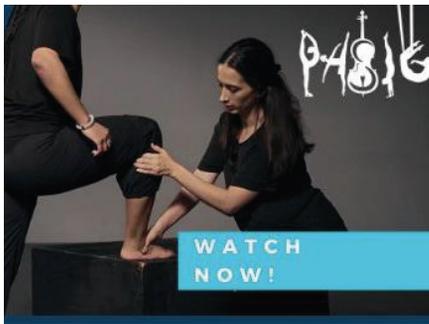
PASIG ENGAGEMENT

A reminder, if you are new to the PASIG, members receive direct citation blasts and access to our closed Facebook group. This site is frequently used to find providers in different areas of the country, ask clinical questions, and share special events.

<https://www.facebook.com/groups/PT4PERFORMERS/>

Members can also repost our PASIG video, to help educate your followers about the role of performing arts physical therapists. Three different versions can be found on our closed Facebook page. The video is also posted to our PASIG Webpage. Be sure to check it out!!

<https://www.youtube.com/watch?v=ah4XcvX1giE>



SCAN ME

PERFORMING ARTS FELLOWSHIP

The PASIG also continues to support post-professional performing arts fellowships. The PASIG developed the Description of Fellowship Practice (DFP) for the Performing Arts, which serves as the curriculum guide for the three ABPTRFE accredited fellowship programs. Mentorship is the cornerstone of these fellowship programs. <https://abptrfe.apta.org/for-programs/clinical-programs/dfp/performing-arts>

If you are considering the fellowship path, the first step is an orthopaedic residency or clinical specialization in orthopaedics or sports. For specific questions, reach out to our PASIG Fellowship Chair, Tiffany Marulli, tiffany.marulli@osumc.edu or contact one of the fellowship directors directly.

Columbia University Irving Medical Center and West Side Dance Performing Arts Fellowship

- Program Director: Laurel Abbruzzese la110@cumc.columbia.edu
- <https://www.ps.columbia.edu/education/academic-programs/programs-physical-therapy/performing-arts-fellowship>

Harkness Center for Dance Injuries Performing Arts Fellowship

- Program Director: Angela Stolfi harkness@nyulangone.org
- <https://med.nyu.edu/departments-institutes/orthopedic-surgery/specialty-programs/harkness-center-dance-injuries/education/professional-development-students-healthcare-practitioners/academic-observation-fellowship>

The Johns Hopkins Hospital Performing Arts Fellowship

- Program Director: Andrea Lasner danceFIT@jhmi.edu
- https://www.hopkinsmedicine.org/physical_medicine_rehabilitation/education_training/therapy-residency/physical-therapy/performing-arts-pt-fellowship.html



CONTINUING EDUCATION OFFERING: CLINICAL MANAGEMENT OF CIRCUS ARTISTS

If you are looking for educational resources to improve your clinical management of circus artists, this PASIG ISC may be just what you need! Too often artistic athletes report that their healthcare providers lack an understanding of the physical demands and context of their activity, and they don't trust us. This course pulls together the experience and expertise of the authors, as well as an extensive review of the sports science related to circus arts and acrobatics you won't see anywhere else!" The printed resource also comes with photos and videos of circus artists that would be hard to find anywhere else.

Topics and Authors

- ***Circus 101: Features and Feats of Circus Bodies***
Emily Scherb, PT, DPT; Heather Heineman, PT, DPT, OCS, WCS; Dawn Muci, DPT, SCS, ATC
- ***Aerial Athletes: Flying, Hanging, Wrapping, Catching***
Emily Scherb, PT, DPT; Heather Heineman, PT, DPT, OCS, WCS
- ***Equilibrium, Propulsion, Impact, and Control: Landing the Skills to Treat Ground Acrobats***
Dawn Muci, DPT, SCS, ATC; Stephanie Greenspan, PT, DPT, OCS, NCS

This ISC can be found on the Academy of Orthopaedics website: <https://www.orthopt.org/content/education/independent-study-courses>

Have you checked out AOPT's YouTube channel?

youtube.com/@apta.ortho/videos

Here you will find several shorter clips related to the circus artist.

- Advice for PTs working with circus artists
- Are circus artists similar to orthopaedic patients?
- PT & circus arts: Bridging the Gap
- Common Injuries of Aerial Artists
- Common Injuries for Partner Acrobatics